

SF Sports Massage Therapy and Injury Prevention

INFORMED CONSENT

We are following government guidelines, NHS guidelines and those from our registered bodies to reduce risk. These include but are not limited to:

- Thorough **cleaning of the Practice** and extensively used areas.
- Ensuring **social distancing** as much as possible within the Practice, by reducing the number of people in the Practice at one time and staggering appointments.
- As few people will enter the Practice as possible. Deliveries will be left at the door. Patients should **attend appointments alone**. Exceptions to be discussed with therapist BEFORE booking an appointment.
- Your **sports therapist will be wearing PPE**, a mask and possibly visor and apron. Wearing of masks for visitors to the Practice is compulsory.
- Patients will **answer questions** on whether they have had symptoms of COVID-19 (temperature, new dry cough, alteration to ability to taste and smell); you will also have temperature taken on arrival. If you have a **temperature** above 37.8° you will not be seen at the Practice for your appointment. You will be asked to return in 7 days, assuming no symptoms of COVID-19 develop. PLEASE NOTE: in summer you may be warm and have increased body temperature. This may mean you are turned away for a week to see if you have symptoms. We apologise for this, but we must keep ourselves and other Practice users safe. This is the best tool we have at the present time.
- Visitors to the Practice will **use hand sanitiser** provided and **wear a mask**. This is compulsory for attending the Practice. If you are not prepared to wear a mask, please book a virtual appointment. The Practice will provide masks for those who do not have one.
- We would ask you to **pay by debit or credit card**. We are not accepting cash payments.
- If you show symptoms of COVID-19, or meet someone who becomes symptomatic, within seven days of attending the Practice, you will inform us.

Please note that your information may be used for contact tracking as it becomes available, in the event of a known COVID -19 patient being at the Practice at a similar time to you.

Please visit my website to see protocols - <https://www.sfsportsmassage.co.uk>

I have read the above information and understand the risks that face to face appointments pose, and the measures taken to minimise the risks and am happy to comply with them.

Signed Date